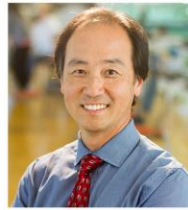




**NORA
SPINKS**



**DR. PAUL
OH**



**TAMMY
BRAZIER**



**JUDY
CROON**

CASSA-ACGCS Registration Special

Purchase Tickets Today & Save up to 40% off the Regular Conference Fee!

The *GoodLife Fitness Health & Wellness Leadership Summit* will take place at the Halifax Convention Centre on Tuesday May 7, 2019 from 9AM to 4PM. Members and guests of **CASSA-ACGCS** are eligible to purchase tickets and **save up to 40%** off the regular conference fee! Please forward this invitation to your administrators, human resources and mental health & safety committees.

A listing of the guest speakers and topics presenting at the Summit include:

- **Nora Spinks**; Chief Executive Officer of the Vanier Institute of the Family
Topic: Caregiving at Work
Strategies to navigate the mental, physical and financial stress for employers and employees
- **Dr. Paul Oh**; Medical Director of the Cardiovascular Prevention and Rehabilitation Program at the Toronto Rehabilitation Institute
Topic: Chronic Disease Prevention
Saving lives in the workplace (one life at a time)
- **Tammy Brazier**; Senior Director, Corporate & Business Development, GoodLife Fitness
Topic: Authentic Leadership
Building a culture of engagement that inspires effective leaders for tomorrow
- **Judy Croon**; Author, Motivational Speaker and Comedian
Topic: Stress Management
The power of humour to diffuse stress, improve resiliency and mental well-being

Registration Special:

Option One: VIP Ticket (includes VIP conference seating and VIP luncheon): Register for only \$285 a ticket. (Regular \$419)

Option Two: General Ticket (includes full day conference and refreshments): Register for only \$189 a ticket. (Regular \$319)

Option Three: (Most Popular): Purchase 2 tickets and receive the 3rd ticket free! (Limited time offer)

How to Register: [Click here](#) to register online and select the "Discount" option that is right for you. If you prefer to register by phone, call Toll-Free 1 877 348-8742 Ext. 230 and mention **CASSA-ACGCS**.

All sales are final. Speakers and date may be subject to change. Add 15% HST per transaction.