



Canadian Association of School System Administrators

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Dear CASSA-ACGCS Members,

GoodLife Fitness is bringing its nationally acclaimed Health & Wellness Leadership Summit to **Calgary, Alberta on Tuesday October 22, 2019** at BMO Centre at Stampede Park and to **Toronto, Ontario on Tuesday November 26, 2019** at the Metro Toronto Convention Centre, South Building.

This year's Summit will spotlight many important topics including:

1. Authentic Leadership - tools for building a psychologically safe and healthy workplace that supports inclusiveness, engagement and collaboration
2. Adapting to the Future of Digital Health – finding a balance between hi-touch and hi-tech approaches to health and wellness
3. Risk Management - using behavioural science to improve employees' health & support organizational objectives
4. Resiliency – *keys to transforming workplace culture and empowering people to new heights*

The **CASSA- ACGCS** strategic plan is inclusive of student and staff well-being as means to support optimal workplace performance and quality of life experience!

We are pleased to work with the organizers to extend a registration discount for **CASSA-ACGCS** members and guests to **save up to 40% off the regular conference fee.**

Please review the **PDF invitation** included with this email for complete details on the line up of guest speakers, topics and registration procedure.

We encourage you to forward this learning and development offer to your administrators, human resources, mental well-being and wellness committees.

Yours truly,

Ken Bain

Executive Director